



Infant Oral Care Guidelines for Primary Care Medical Providers

To be successful in preventing oral disease, medical providers must begin preventive interventions in infancy. Cavity Free at Three recommends oral health be assessed at every well child check starting at 6 months of age.
Dental caries must be managed as a chronic disease.

Risk Assessment (see risk assessment form)

- Y N Caregiver or sibling dental caries/disease
- Y N Lacks dental home
- Y N White, black or brown dental spots
- Y N High risk dietary and feeding habits
- Y N Brushing less than twice daily with fluoride toothpaste

If all answers are NO
child is low risk.
Any Y answers, child is high risk

Advise All Patients

- ✓ Brush with smear of fluoride toothpaste 2X/day
- ✓ See a dental provider every 6 months
- ✓ Review age-specific anticipatory guidance

Low Risk

Fluoride Varnish every 6 months (if not provided in dental home)

Oral Health
Anticipatory guidance

Self management goals
(Motivational Interviewing)

Refer to dental home

High Risk

Knee to knee exam at every visit

Fluoride Varnish every 3 months

Oral Health
Anticipatory guidance

Self management goals
(Motivational Interviewing)

Refer to dental home

Repeat risk
assessment at every visit