



COLORADO AHEC SYSTEM

Cavity Free at Three

Technical Assistance Site Application, 2010

Background

Oral health services targeted to our most vulnerable -- low-income pregnant women and/or children less than 3 years of age -- are not common in Colorado. Yet, research shows that oral disease, which is virtually 100% preventable, is transmitted from caregiver (usually mother) to child before the child is 18 months old and is most prevalent in low income communities. Because services for these age groups are rare, this population experiences serious and costly negative health consequences.

Cavity Free at Three aims to engage health professionals to increase access to oral disease prevention and early detection services for pregnant women and/or children less than 3 years of age. Our goal is stated in our project title. We want all children in our state to remain cavity free by the time they reach age three. To accomplish this, health professionals across Colorado will be educated about early childhood caries and given the tools to provide oral disease prevention education and services in **medical** and **dental** clinics across the state.

By participating in Cavity Free at Three, your organization will be part of a new movement in Colorado to improve our children's oral health. You will receive:

- Free on-site training and technical assistance
- Supplies and materials to for program implementation, to include educational materials and appropriate forms for documentation, oral health kits including fluoride varnish
- Information on procedures allowing for Medicaid reimbursement for infant oral health services

To participate you must agree to:

- 5 hours training for your health care providers
- Incorporate oral care of infants, toddlers and pregnant women into your practice
- Participate in an evaluation of the project

The Cavity Free at Three Model

If you are interested in working toward the Cavity Free at Three goals, your organization can apply to receive training and technical assistance in implementing prenatal and infant oral care protocols. **Priority will be given to medical and dental clinics that serve high-risk, high-need populations of children.** The technical assistance package includes the following:

A year-long partnership with CF3 Technical Assistance Provider(s):

Our technical assistance team is comprised of leading dentists, physicians and dental hygienists in the state. They work as health professionals in community-based settings and are experienced in teaching and implementing clinical guidelines and evidence-based programs.

Your TA provider(s) will be available to work with your organization, both on-site and via phone consultation, on the following:

- On-site training of health professionals (MD, PA, RN, MA, DDS, RDH, etc.) on the infant oral care model
- On-site training incorporating oral exams and education into prenatal care for pregnant women

- Help in developing systems for prenatal and infant oral care including documentation, clinic flow, and billing
- Ongoing provider information and education
 - Oral disease risk assessment tools
 - Clinical guidelines
 - Charting forms
 - Supporting educational documents (journal articles, pocket cards, palm downloads, etc.)
 - Parent / caregiver educational materials for both pregnant women and parents of young children
- Provider infant oral care kits for the infant oral care exam (ready to use kits with, fluoride varnish, toddler toothbrush, etc.)
- Assistance in evaluating the implementation of prenatal and infant oral care protocols
 - What works and what doesn't work in implementing this program into your practice setting
 - Knowledge and behavior changes of the primary caregiver and health care provider
- Continuing education credit for qualifying individuals
- To learn more about infant oral care, visit www.cavityfreeatthree.org
- **A minimum of 5 hours is required for the training**

How to Apply:

Any Colorado non-profit, for-profit or governmental entity is eligible to apply.

Organizations serving high-risk, high need populations such as the following will be prioritized:

- Family Medicine Residency Programs
- Rural Health Clinics
- Federally-Qualified Community Health Centers
- Safety net medical clinics
- Safety net dental clinics
- Private practices

Complete the attached Cavity Free at Three Site Application.

Applications are accepted year round. Application must be typewritten. Please e-mail, or mail the application to:

Karen Savoie, RDH, BS
Cavity Free at Three Director of Education
Colorado AHEC System
University of Colorado Denver
Anschutz Medical Campus
13120 E. 19th Avenue, MS-F433
Aurora, CO 80045
303-724-4750
Email: Karen.savoie@ucdenver.edu

For additional information, or questions regarding our program, contact:

Karen Savoie, RDH, BS, Director of Education at
karen.savoie@ucdenver.edu.



Application to Receive Technical Assistance through Cavity Free at Three

1. Organization Information:

Name:

Address:

Phone:

Fax:

Website:

2. Project Contact:

Name:

Address:

Phone:

Fax:

e-mail:

3. Type of organization:

- Family Medicine Residency Program
- Rural Health Clinic
- Federally-Qualified Community Health Centers
- Safety net health clinic
- Safety net dental clinic
- Other (please explain)

4. List counties and/or cities served by your organization.

5. List number of sites and locations where services are provided by your organization and which sites you will target for this program.

6. Estimated number of children cared for in your organization annually.

0-12 months of age _____

13-24 months of age _____

25-36 months of age _____

7. Estimated number of pregnant women cared for in your organization annually.

8. Describe the community / organizational need for this program. This can include patient demographics, community health indicators, geographic barriers to health and dental care, etc.

9. Describe any oral health education and/or clinical interventions currently provided to pregnant women in your care.

10. Describe any oral health education and/or clinical interventions currently provided to children less than 3 years of age in your care.

11. In order to provide evidence-based oral health care to pregnant women in your clinic, what do you need?

- We don't provide care to pregnant women
- Staff training
- Better dental referral resources for pregnant women
- Provider educational materials
- Patient educational materials
- Access to supplies (xylitol products, anti-bacterial rinses, etc.)
- Ongoing consultation and support from experts
- Other (please explain)

12. In order to provide evidence-based oral health care to children less than three years of age in your care, what do you need?

- We don't provide care to young children
- Staff training
- Better dental referral resources for young children
- Provider educational materials
- Patient educational materials
- Access to supplies (fluoride varnish, etc.)
- Ongoing consultation and support from experts
- Other (please explain)

13. Cavity Free at Three has limited resources to help offset the cost to participate in the required trainings. What financial resources does your organization require to comply with this requirement?

- Nothing. Cavity Free at Three fits within the scope of our mission.
- Other (please explain)

14. Why does your organization want to be a part of the Cavity Free at Three Initiative?

15. Describe the strategies you will use to sustain the Cavity Free at Three program once this project ends.

16. Describe the partnerships you currently have in the community that will help make this project successful.

17. Describe the new partnerships will you need to form to ensure the success of this project.

18. Please attach a letter of commitment from the Executive Director of your organization that states:

- 1) The organization's commitment to participate in a year long process to implement Cavity Free at Three program.
- 2) The organization's willingness to work with technical assistance providers to bring training, new ideas and new approaches in the primary prevention of oral disease to your organization.
- 3) The organization's commitment to allow staff 5 hours of training time for Cavity Free at Three.
- 4) The organization's willingness to participate in a cross-site evaluation of the CF3 Technical Assistance process and organizational outcomes from this initiative.

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For additional information, contact Susan Evans, Cavity Free at Three Program Director at karen.savoie@ucdenver.edu